



## Parent Package 2021

*Last Updated July 26<sup>th</sup>, 2021*



## **Welcome to Camp Warwa!**

Thank you for choosing Camp Warwa for your child's camp experience. We are honored to be able to spend time with your camper and are excited for their arrival. This Parent's Information Package is designed to help your family get ready for camp, and to answer any questions you may have. The camp office is open year-round, and our staff love to talk with families about camp, so never hesitate to give us a call or zip us an email.

You can reach the office at 780-892-3648, or email to [info@campwarwa.org](mailto:info@campwarwa.org)

## **Mission Statement**

Camp Warwa is dedicated to improving the lives of children through experiences in the outdoors.

## **Our Values**

There are four core values that Camp Warwa believes in. These values run through every part of what we do and they are what we strive to pass onto our campers.

### *Connecting with Yourself*

The adventures our campers have at Camp Warwa help them develop confidence and build a more positive self-attitude. They are encouraged to try new experiences, take on leadership roles, and appreciate who they are.

### *Connecting with Community*

Our campers experience a community where they feel safe and welcome. They get to be part of traditions, be guided by positive role models and share friendships.

### *Connecting with Nature*

Camp Warwa is a place in nature that our campers can always return to, and all their experiences here are rooted in the natural world.

### *Connecting with the Generations*

We are thankful for the generations of campers, staff, volunteers and caring teachers who have formed and grown our community. The experiences we provide to our campers are rooted in these generations of people, and our campers are given the opportunity to pass on their experiences to future generations.

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## COVID-19

The safety of our campers, clients and staff are our top priority and we will be following all guidelines laid out by Alberta Health Services within the Phase 2 guidance provided for camps. We are taking every precaution to ensure the safety of everyone on our site during the Covid-19 Pandemic. Take a look at the information below to get a better understanding of how we are dealing with the pandemic onsite.

We will be reviewing and updating these procedures as time goes on and we get more information from Alberta Health Services.

**Pre-Arrival Illness Screening:** Prior to arriving at the registration desk at camp or Coronation Park, please assess the health of your campers each day using the Government of Alberta's Covid-19 Screening Questionnaire and check their temperature before arriving.

Please bring the completed checklist to registration at camp or Coronation Park. It will be kept in our records for 4 weeks in the even that we need to do Covid-19 Contact Tracing.

If your camper feels sick or has any symptoms, we ask that you please refrain from coming to our site or the bus drop off at Coronation Park until you are feeling better.

Our staff will also be using this checklist and doing temperature checks daily to ensure that they are in good health.

**Camper Drop Off:** When dropping off campers at camp or Coronation Park, please maintain safe distancing of at least 2m between families. Parents/guardians and campers must wear a mask while registering their campers.

Camp – registration is on the porch of the dining hall. Please park in the main parking lot on the south side of the dining hall. Drop off is between 8:00am – 9:15am.

Coronation Park – registration is in the community league parking lot. On Monday's, please form one line in front of the registration table. Drop off is between 7:30am-8:15am.

**Camper Pick Up:** When picking up campers at camp or Coronation Park, please maintain safe distancing of at least 2m between families. Parents/guardians must wear a mask while picking up their campers.

Camp – cars will be stopped at the top of the driveway and parent ID will be checked. Please have your drivers license or government issued ID ready. Park in the main parking lot on the south side of the dining hall. Head to the white tent where Camp Warwa staff will get in touch with the counsellor of your campers' group. Pick up is between 4:00pm-4:30pm.

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Coronation Park – please form a line in front of the bus your camper is on. Parent ID will be checked. Please have your drivers license or government issued ID ready. Staff will get campers from the bus and send them towards parents. Pick up is between 5:00pm-5:30pm.

**Cohorts:** Campers will be in a cabin cohort with groups of 8 campers and 2 staff. In addition to their ‘Cabin Cohort’ of 8 campers and 2 staff, campers will also be kept within a larger ‘Community Cohort’ of up to 50 people, as recommended by Alberta Health Services. These Community Cohorts are used to separate groups into bathrooms, meal locations, busses and programs that groups do with or near each other. Anytime a camper uses a space that is used by campers in other Cabin Cohorts, or near other Cabin Cohorts, they will always be groups within that larger Community Cohort of 50 people.

**Bus Transportation:** Campers will be split into their community cohorts and each cohort will be on their own bus. Campers and staff must wear masks while on the bus. Campers will sit in their own seat unless they are from the same household (and in the same cohort).

**Daily COVID Screening:** Each morning staff will complete the Government of Alberta’s Covid-19 Screening Questionnaire with their campers and check their temperature prior to going to breakfast.

**Handwashing:** Handwashing is always a large part of camp life and during this time it is more important than ever. Our staff will be ensuring that everyone has plenty of opportunities to wash their hands throughout their day during their time at camp.

Hand sanitizing stations will available before meal times and at specific program areas.

**Cleaning:** All areas of camp are cleaned on a regular basis to ensure that we are keeping our clients safe. High traffic areas around camp, such as bathrooms, will be cleaned and disinfected frequently with high touch areas such door handles and light switches getting close attention. Program areas will also have increased cleaning frequency to ensure that our campers and clients are as safe as possible.

**Physical Distancing:** Our 23 acres of land here at Camp Warwa ensure that there is plenty of space for people to physical distance. While doing programs Camp Warwa Staff will ensure that were possible physical distancing measures of 2m are followed. We also have 2 washhouses and 2 outhouses which can be assigned to different community cohorts to ensure the health and safety of all.

**Mask Wearing:** While in their cabin cohort, campers do not need to wear masks. This covers the majority of their time at camp and includes while in their accommodations, while sleeping, while eating meals, or when doing programs with their own cabin.

Masks must be worn whenever going into a building. For campers this will include their bathrooms as well as the dining hall.

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Note that masks do not need to be worn during showers or brushing one's teeth. Those activities are also scheduled so that only one cabin cohort is in the bathroom at a time.

Masks are just worn in the dining hall while lining up to get food, travelling to one's table, and getting up for seconds or to go to the bathroom. While eating, campers will remove their masks as they are seated with their cabin cohort.

Campers do not need to wear masks while in their accommodations. We will also be spending less time in our accommodations this year and look to be outdoors as much as possible. Campers will sleep one to a bunk, with bunks spaced for distancing and windows open for ventilation.

When participating in a larger group activity with their community cohort, campers will wear their mask. These times include wide games, campfires, evening programs, climbing center, zipline, and bussing.

These apply for all staff working with these groups. Staff not working with a cabin are required to wear a mask.

Campers need to bring at least 8 masks to camp so they can change as needed. It is likely more than they will use, but it's good to have backups in case they get dirty. Campers will always carry a mask with them in their pocket, to pop on and off as needed. Staff will let campers know when it is time to put masks on.

Families can expect a gentle and supportive mask environment at camp. Children will never be critically reprimanded for forgetting to wear a mask or temporarily wearing one improperly. Staff will remind campers when it's "masks on" and "masks off", as well as assist campers with their masks if they ever need help. Young campers who may not have much experience wearing masks will be given even further support and consideration. We estimate that campers will likely only need to be wearing a mask less than 25% of the time most days.

**Meal Times:** Campers and staff will eat with their cabin group. Masks can be removed during these times. Meals times will be facilitated indoors and outdoors. Meal times will happen partially in the dining hall, covered picnic shelter, or covered dining hall porch to ensure proper distancing is maintained.

**Symptomatic Camper:** If a camper begins to show symptoms of covid 19, they will be isolated in our isolation room in Hosler Hall. This room has a private bathroom, cot, and access to drinking water. A staff member will remain outside the room to monitor the camper.

If a camper has covid symptoms as defined by AHS, outside of previous medical conditions, Camp Warwa will contact the family and arrange for a parent/guardian to pick the camper up at camp as soon as possible.

Camp Warwa requires a camper showing symptoms to be tested by AHS as soon as possible within 24 hours of the symptoms starting. Camp Warwa requires the family to follow up with us once the test result is available for contact tracing requirements.

If the test is negative, that camper is permitted to return to site if they no longer have symptoms.

Campers who take the bus to and from camp who have symptoms must be picked up at camp.

Only the camper who has symptoms is required to leave site. The rest of the cabin cohort will be able to continue their week and will follow additional covid procedures until the symptomatic camper receives a negative test result. These additional covid measures will include:

- a. Masking as much as possible, except for eating and sleeping.
- b. As much as is reasonable, increase focus on maintaining distance between campers and staff in that cabin cohort.
- c. Increase the covid checklist frequency from once a day to three times a day.
- d. That cabin cohort will not be able to engage in community cohort activities (such as wide games) and will do alternative programs.

Parents will be notified if a camper in their child's cabin cohort must leave site for exhibiting symptoms, as well as the results of that camper's covid test.

If a camper tests positive for Covid-19, the other campers and staff in their cabin cohort will be required to leave site and have a covid test done. As a close contact with a confirmed case, the cabin cohort would need to quarantine at home as per AHS requirements and would not be able to return to camp until their quarantine period ends.

Note that all above policies for symptomatic campers also apply to symptomatic staff.

## **Camp Warwa's Commitment**

We strive to provide a safe, caring environment in which to foster the development of your child's skills, confidence, and interpersonal relationships. Through outdoor activities we will encourage challenge, fun, and a healthy lifestyle. We believe living in a group and community setting outdoors creates an ideal atmosphere for people to grow into the best versions of themselves. Each camper is treated as unique, important and capable, and provided with every opportunity to succeed.

## **Family Agreement**

By registering your camper(s) with Camp Warwa, you are agreeing to all our policies and procedures. These are explained in detail in this document and include the following important points:

- You are agreeing to allow your camper to fully participate in the full range of Camp Warwa programs.
- You are agreeing to authorize the Executive Director in the event of accident, injury, or illness affecting your camper, to authorize on your behalf all medical and other

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procedures, including admission to hospital and other necessary treatment necessary for the care of the camper.

- You understand and agree with the Refund Policy.
- You understand and agree with the Promotional Material Policy

## **Refunds & Cancellations**

Cancellations will receive a refund less a \$40/family administration fee.

If a family needs to cancel their registration due to illness or injury a full refund will be provided, and the administration fee will be waived. No doctors note or proof of covid testing will be required; Camp Warwa will be taking our families at their word. It is very important to us that there are no barriers to our families choosing to keep their campers' home if they feel unwell this summer.

If a camper is required to leave camp due to covid symptoms, Camp Warwa will provide a pro-rated refund based on the time they were able to spend at camp. This refund will only be provided if the family adheres to our reporting procedures and shares the campers test results with Camp Warwa.

Refunds are not issued in instances where a camper is removed from the camp program at the choice or request of the camper, the camper's guardian, or when a camper is expelled from camp for behavioral reasons.

If Camp Warwa is not able to operate and provide any programs due to public health orders relative to COVID-19 restrictions, full refunds for all registrations will be provided.

## **Promotional Material Policy**

Many people bring cameras to camp, and picture taking is very common amongst both campers and staff. Camp Warwa retains the right to use any photos or videos taken by Camp Warwa staff of campers for promotional or communications purposes. By registering for camp, you are agreeing with this policy. Many campers and staff also bring their own cameras to camp, so families should not be surprised to see photos of their children taken by other campers on social media such as Facebook or websites. Families are encouraged to share their camper's photos on the official Camp Warwa Facebook page. Camp Warwa will also post many photos from camp on our Facebook page on a daily basis while programs are running. Parents are encouraged to follow along with our adventures every day, and share any photos their campers may take when they get home.

## **The Friendship Fund Subsidy Program**

At Camp Warwa we believe that every child should be able to enjoy a camp experience. The Friendship Fund was created to provide financial assistance to families who can't afford the full cost of giving their child a camp experience.

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The Friendship Fund is an endorser-based program. Families who apply must provide an endorser of a professional nature who can speak to your need for financial support. The program is best suited for families who can provide an endorser who is a social worker, support worker, medical professional, or educator. What is important is that the reference is not of a personal nature (such as a family member or friend). The Endorser will then be contacted by Camp Warwa. Ensure that you have the Endorsers permission before naming them.

Families who apply for subsidy will put down a minimum payment of \$40/camper. You will be registered for your camp with your spot being held while we process your subsidy application. We will then contact you via email to inform you as to how much subsidy we are able to provide. The email will also indicate the date that any remaining balance will be charged to your credit card.

The Friendship Fund is sustained by generous donations from individuals, government agencies, businesses and community organizations. Many of our donors are staff members, board members, community service groups, and friends who understand the value of camping. Each camper that receives a Friendship Fund subsidy, is confidentially matched with a donor.

Each donor receives a copy of the camp letter for the week so that they can hear about the experiences they helped create.

Note that only our Summer Overnight Camps, Summer Day Camps and Family Camps are eligible for subsidy.

### **Transportation Details**

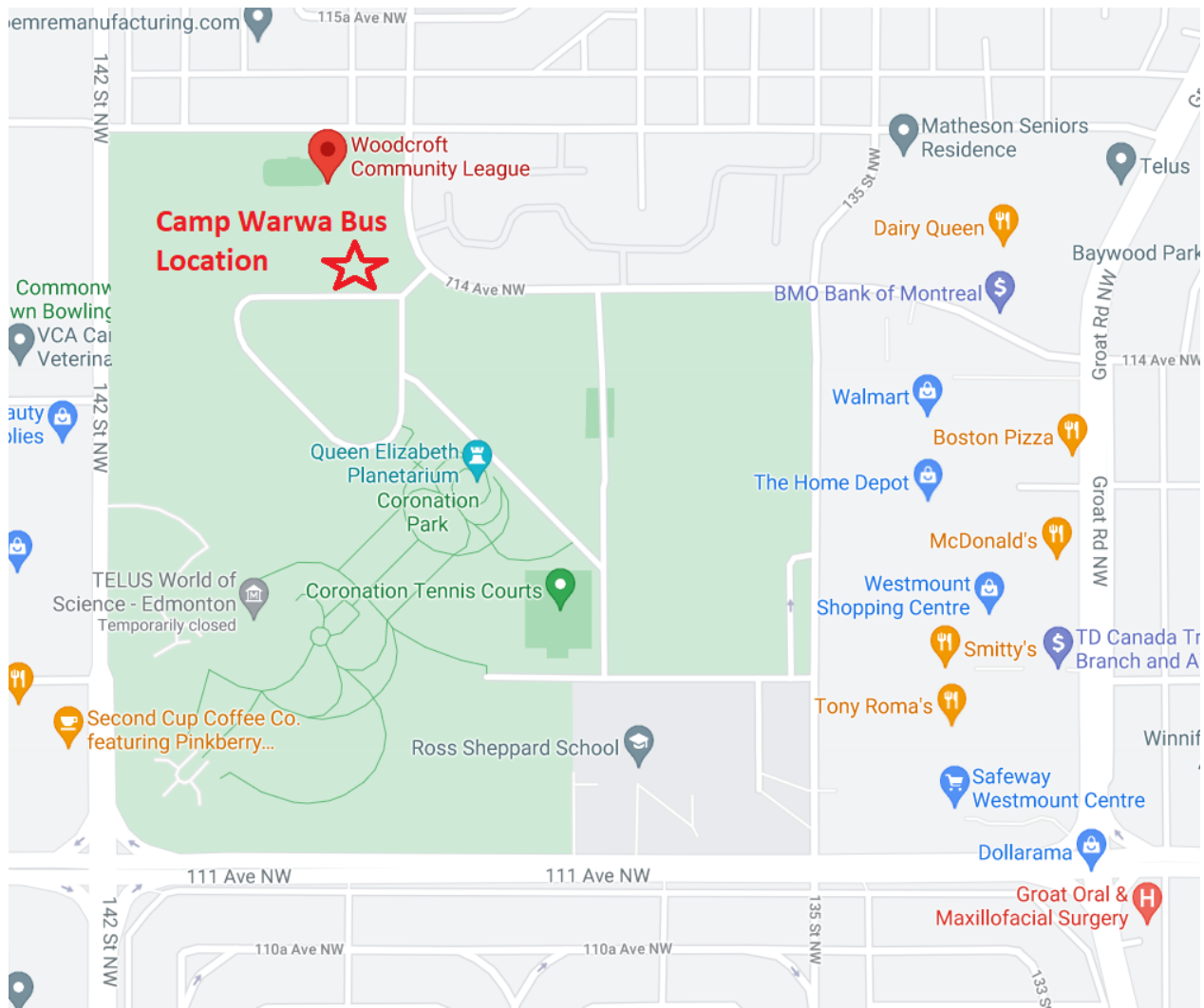
You are welcome to handle your own transportation to and from camp. Supervised bus service to and from the Camp is also available. Our bus drop off and pick up location is the Woodcroft Community League parking lot, which is in the northwest corner of Coronation Park in Edmonton. Access the park on the north side, via 114 Ave.

All bus transportation is round trip and we do not offer one-way bus transportation. Families who would only like transportation one-way can register for round trip transportation, and then contact the office to let us know that they will only be using part of the service.

See the below for maps both to Camp Warwa & Coronation Park in Edmonton. You can also go to [campwarwa.org](http://campwarwa.org) for scalable maps to camp.



## Map of Coronation Park Area in Edmonton – Bus Service Location



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## Directions & Map to Camp from Edmonton

- Highway 16 West from Edmonton towards Jasper
- Highway 765 North towards Darwell (look for the blue sign)
- Highway 633 East towards Alberta Beach (look for the blue sign)
- Range Road 43 North towards West Cove (look for the blue sign)
- Follow Red signs through Warwa Estates to the camp entrance.



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## Program Start and Finish Times

Note that the chart specifically references drop off and pick up times for campers being dropped off right at camp as well as campers taking bus service from Edmonton. If you need to drop off or pick up your camper at a different time, please contact us.

2021 Camps	Drop Off Time at Camp	Drop Off Time for Edmonton Bus Service	Pick Up Time at Camp	Pick Up Time for Edmonton Bus Service
Summer Overnight Camps	8:00am – 9:15am	7:30am – 8:15am**	4:00pm	5:00pm

\*\*For our summer camp programs, the bus departs Edmonton at 8:15am. The registration process can take up to 15 minutes, and time is also needed to load the bus, so families are asked to arrive at drop off no later than 8:00am.

## Packing Tips

**We recommend that you label everything.** Label it all. Clothes, boots, hats, flashlight, toothbrush, and shoes – everything your child brings to camp.

When packing, make sure that your camper is part of the process as this will make him/her more aware of what they are bringing to camp, and will make packing to go home easier. Pack old clothes that the camper will remember, not unfamiliar new ones. The counsellors will make every effort to recover lost clothing on a regular basis; however, your child is ultimately responsible for his/her belongings. A clothing and equipment list have been included in this package for you and your camper(s).

Proper outer wear very important. Camp programs continue in almost any weather, so your son/daughter needs outerwear in which he or she can be active. In the spring, summer and fall, this means rain gear. Rain suits are best – pants, jacket, and rubber boots complete the picture! Plastic ponchos tend to rip easily and are not suggested. K-Way or nylon clothing is not waterproof. In the winter, this means a winter coat, snow pants, winter boots, toque, gloves and lots of warm socks.

Camper laundry facilities are not available except for emergencies. We recommend that you pack a laundry bag. This will help your camper to keep neat and organized while at camp.

## Lost and Found

If you believe your camper has left something at camp, please send us an email and we will do our best to find it. We hold all our lost and found for 30 days. After this date, all lost and found items are donated to a local charity.

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## **Camp Warwa Gifts**

Every camper who attends our Summer Camp programs receives a free T-shirt! Note that only one free shirt is given out to each camper, regardless of how many camps they attend. So, if your child comes to camp three times this summer, they still only receive one free shirt. Summer campers also receive a free Society bracelet. Campers receive a special gift each year they return to camp, up to their 5<sup>th</sup> year. Graduation awards are also given to campers attending their final year at camp.

## **Camp Store**

We are not able to offer our camp store for 2021, but plan to reopen the store in 2022 with a variety of camp clothing and merchandise to choose from.

## **Summer Camp Banquet Clothing**

It has become a tradition for staff and campers to dress up nicely for our Summer Camp Banquets. In 2021, we will have our formal dinner at lunch on Friday. Not all campers dress up, and it is certainly not required. However, many campers now choose to bring nicer clothing specifically to wear for that dinner. Examples include simple dresses, skirts, and collared shirts. Please feel free to participate in this tradition as much or as little as you like. Many campers simply enjoy wearing their free Camp Warwa T-shirt to the banquet as their 'formal attire'.

## **Type of Food to Expect**

Three healthy, filling, and familiar meals per day are provided in addition to an afternoon and evening snack. Servings are hearty and our food services staff are experienced in preparing meals in a camp setting. Meals may consist of:

### **Breakfast**

- Scrambled Eggs & Hash browns
- Muffins & Yogurt
- Breakfast Wraps
- Bagels
- Hardboiled Eggs
- Pancakes & Sausages
- Cereal, milk, orange juice and fruit are always available every breakfast

### **Lunch**

- BBQ Chicken Wraps
- Chicken Burgers
- Hamburgers
- Tacos
- Chili
- All lunches are served with vegetable platters and/or soup

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## Supper

- Mac & Cheese
- Spaghetti
- Meatballs & Rice
- Tortellini
- Chicken Fried Rice
- All suppers either come with a side salad or side of cooked vegetables

Afternoon snacks are always healthy, hydrating fruit such as apples or oranges. There is also always water and something simple such as a granola bar.

Evening snacks typically include something sweet such as cookies. It may be helpful to tell your camper not expect dessert right after supper, but to look forward to something around the campfire instead.

Most food restrictions, allergies, or dietary needs can be accommodated including Vegetarian, Lactose Free, Gluten Free and Pork Free diets. If you feel you did not fully specify or describe your child's needs, please feel free to contact the camp office. All food originating from our kitchen (on or off-site) is nut free. Please inform the camp office of any dietary needs, allergies or restrictions prior to your child's arrival at camp.

## Snacks & Tuck

The camp does not operate a tuck shop, so there is no need for pocket money. Please do not pack snacks with your camper(s) as we are a nut sensitive site and many snacks contain traces of nuts. Having food in the lodgings also encourages pests. Let your campers know that if they are ever still hungry or thirsty after a meal that their counselor would be happy to get them a snack.

## Cabin Supervision

All Camp Warwa staff are chosen on the basis of responsibility and their desire to work with children. All staff participate in an extensive pre-camp training program that introduces and educates staff regarding their important role in making your child's stay at camp a success. Part of this training includes sessions on group dynamics and full-value contracts; important components of cabin group formation. Each cabin is supervised by 2 staff who sleep in the same cabin, but not in the same room, as their campers.

Additional supervision is also provided by our leadership team. This team provides an additional layer of support and supervision for all our campers in addition to the direct supervision provided by their counselors.

## Behavior

Everyone has the right to feel safe at Camp Warwa. With this right comes the responsibility to respect all community members and to take pride in making camp an awesome place. At Camp Warwa we strive to create a safe supportive environment in which every camper can thrive. We have included this written discipline policy to assist us in achieving this goal.

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Listed below are the disruptive behaviors, which will not be tolerated at camp:

- Any act which may create a potentially dangerous situation
- Stealing & vandalism
- Physical violence or verbal abuse
- The use of a weapon
- Leaving camp property without permission
- Racial intolerance
- Sexual activity or misconduct
- The consumption or use of alcohol, tobacco, marijuana or illegal drugs
- Behaviors which negatively affect another camper's experience at camp

If a camper exhibits any of these behaviors while at camp, one of our staff will speak to them about this behavior, and possible consequences that may result if the behavior continues. After this conversation, our staff will inform parents/guardians of the situation and seek assistance from the parent or guardian in resolving it.

If the camper's disruptive behavior continues to be a detriment to the experience of others or puts anyone's safety at risk, the camper will be sent home. The parents or guardians will be contacted to pick up their child. No refund will be issued if a camper is sent home for disruptive behavior. Please make sure your son or daughter is aware of these guidelines and knows what is expected of both themselves and others. Parents are required to be able to have their child picked up from that camp at any time during their stay.

### **About Homesickness**

People suffer homesickness at any age, and it is a very real thing – just as painful as a stomachache. It is often a natural reaction among youngsters who are fortunate enough to have a good relationship with their parents and families. Understanding parents realize, however that it is something which a boy or girl may need to experience and see through to the finish if they are able to attain that degree of independence which is necessary to make them self-reliant, mature individuals. The Warwa staff are trained to detect early symptoms of homesickness and deal with it using intelligent methods. It is tremendous to see the genuine concern and persistence with which staff and campers work together to help individuals through a period of homesickness.

### **Potential Out-tripping Risks and Hazards**

Camp Warwa operates adventure-based out-tripping programming for children and youth. Some of this programming is located in wilderness or semi-wilderness locations on lakes, and mountainous hiking/horse trails. There are many perceived risks and hazards inherent in the activities we engage in, and in the locations, they are performed in; however, we feel that the benefits to our campers far outweigh the potential risks. Moreover, Camp Warwa maintains a Program Committee dedicated to reviewing and revising our current policies and procedures in order to mitigate any foreseeable risk factors. Yet, we live and play in an ever-changing and

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unpredictable environment and this section will outline the possible risks and hazards associated with the activities we perform.

All trips carry cell phones or radios for communication. All staff are trained in emergency procedures and evacuations. In the event of an emergency, the camp is notified and becomes in constant contact with the group.

Prior to the summer camp season Camp Warwa staff scout the route options for the upcoming summer. This is done to record any changes to the environment and to assess risks and hazards. Detailed notes are taken and added to our information on the area.

Camp Warwa staff leading canoe trips are certified with either a Paddle Alberta River Canoe Instructor's certification or a Flatwater Canoe Instructor certification. Staff are selected based on their certifications, out-tripping experience, camper supervision capabilities, and maturity. While the inevitable outcome of these trips is a positive and memorable outdoor experience, to increase the likelihood of a positive experience, campers should be aware and accepting of the nature of the programming and the potential risks and hazards.

### **In Case of Injury or Illness**

All Camp Warwa staff hold a minimum current Standard First Aid and CPR certification. Many staff hold Wilderness First Aid certifications. If a trip to the hospital or doctor is necessary, we will contact you to arrange transportation for the camper. If it is best for Camp Warwa to transport the child to medical services, a staff member will accompany your son or daughter to the nearest hospital (Westview Health Centre in Stony Plain is the closest to Camp Warwa) and the Camp Director will contact you as soon as possible. If any prescription drugs are necessary as a result of consultation with a doctor, Camp Warwa will cover the cost and you will be billed after camp for the amount.

*In the event of a serious injury or illness, you will be contacted as soon as possible.*

### **Health and Medications at Camp**

Camp Warwa includes a fun and proactive health and wellness program as part of our programs. Before leaving on their out-trip, campers learn how to stay clean and healthy in a wilderness setting. Throughout your campers stay, we continually stress the need for proper sun protection, hydration, warmth and cleanliness. We strive to keep these reminders fun and entertaining for the campers. Cabin groups have access to showers all week and have scheduled shower times. Our cabin staff are trained to look for signs of poor personal hygiene and will do everything possible to keep your children clean and healthy.

Please send all camper medications to camp in their original containers. Clearly label all medications with the camper's name and dosage. Upon arrival at Camp, you will be requested to complete a medications form, outlining administration instructions and frequency. If you are sending more than one medication, please put it in a labeled plastic baggie with each container separately labeled.

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## **Camper Concerns**

Should you have an urgent concern, which requires immediate attention, please contact the Camp office at (780) 892-3648. While summer camp is in session, office hours are 9am to 5pm, Monday – Friday. An answering machine will receive your calls outside of these hours. If there is any incident involving your child, you will be contacted immediately.

## **Cell Phones**

Campers are not allowed to bring cell phones to camp. Camp Warwa believes that cell phones are important tools, but like all tools, are only used when needed. Your camper will not need their cell phone at camp. Having access to a cell phone is not fair to other campers, may contribute to homesickness, and generally can seriously detract from a camper's experience. We believe that unplugging for a week from social media and online conversations helps campers enjoy the moment and make new friends here at camp. There are also other ways to help your camper stay connected to loved ones, while not distracting from their camp experience (see Camper Mail).

There is no telephone available for campers to make calls from camp. Please do not tell your camper that he/she will be able to call you from camp. On occasion, we may call you to discuss behavior or special circumstances. Emergency calls to campers should be directed to our office.

We will always call you immediately if there is an emergency. We will often call just to give updates as well for minor incidents such as a good skinned knee or if your child is feeling a little under the weather.

If your camper is requesting to call home for non-emergency reasons such as homesickness, we will work with them to help them feel comfortable and let go of the need to contact you. If their requests persist and it is something they are struggling with, you will be contacted promptly by one of our staff. We'll go over how their time at camp has been with you, let you know that they are asking to call home, and decide together what the best path forward is for your child. In the majority of cases, working through their homesickness without calling home is a major positive accomplishment for a camper.

## **Camper Mail**

For some campers, especially our younger ages, it is very important to stay connected with home while away at camp. To help with this, we offer a very popular 'Camper Mail' program. This program is available for all programs running more than one night.

Parents and other family members are able to write emails from home to their campers, which are then hand delivered each day. Campers are not able to write back, but we have found that simply getting the emails from home is more than enough to help a child have a great time at camp.

Just send your emails to [mycamper@campwarwa.org](mailto:mycamper@campwarwa.org)

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In the subject line, please write your campers name, and their age group. For example: John Smith, Voyager Boys Lake. This will help us get your email to them quickly.

### **Following on Facebook, Instagram & YouTube**

We post photos on Facebook, as well as Instagram each day of our camper's adventures. Following along on Facebook is a great way to get photos of your camper. Families are also very welcome to stay in touch with the Camp Warwa community through our official Facebook page, and share their own pictures and stories.

You can also check out our YouTube channel for videos on getting to know our staff, programs and other fun camp related things.

### **Registration Confirmation & Receipts**

You are emailed a confirmation of your registration, as well as a receipt, a few minutes after the process is complete.

# Summer Camp Pack List

We recommend that all our campers attending our overnight camp programs bring the following items.

## Personal Items

- Sleeping Bag – look for something that compacts and packs well
- Pillow
- Personal Medications – if they have any
- 5-8 Masks
- Waterbottle
- Shampoo & Soap
- Toothbrush, Floss, Toothpaste
- Flashlight
- Garbage Bags (for dirty laundry)
- Towel
- Sunscreen
- Bug Spray
- Waterbottle (it's here twice because it's that important)

## Clothing

- Toque – sometimes it's really nice when it's a bit cool out in the evening.
- Hat –What is important is that it shields your campers face from the sun on a hot day.
- Thin gloves – super nice to have on a cool night around the fire
- Underwear – a pair for each day
- Socks – a pair for each day
- Wool Socks – these are the absolute best for wearing in your sleeping bag when sleeping outside. Great to use in wet weather as well because they will retain your body heat even when wet.
- Pants – 2 pairs should do it, nylon, polyester and/or fleece are best for outdoors
- Comfortable Clothes and/or Pajamas – it's nice to have something cozy and dry to wear around the cabin at night. Not for wearing outside.
- Shirts – one for each day with both short and long sleeve options. Quicker drying fabrics such as nylon or polyester are best, but simple cotton T shirts will do fine as well. The key is having several of them so you can just put on a clean or dry one when you need to.
- Shorts – 3 pairs should do it.
- Bathing Suit
- Waterproof Outer Layer – at the very least this should be a raincoat although you could send waterproof pants as well. Avoid thin ponchos that are easily ripped. The best strategy is to get a waterproof outer layer with a hood that they can wear overtop of one of their Warm Outer Layers.
- Footwear for the Rain – for younger campers doing a single overnight trip, this means rubber boots. For campers going on hiking or horseback riding programs, it means a water-resistant hiker, boot or shoe. Having good wool socks to wear inside a water-

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resistant hiking boot or shoe is warmer and more effective than rubber boots and cotton socks.

- Footwear for Running Around – running shoes is what you need here. Campers going on hiking trips need a dedicated hiking boot in place of or in addition to their running shoes.
- Footwear for Casual Activities – this basically means sandals, flats or some other type of comfortable footwear. After a day of play, hiking, canoeing, etc., it is great to be able to take the shoes/boots off and relax in something more comfortable. Campers going on longer trips would also appreciate being able to put on something else while they dry out other wet footwear.
- Water Shoes/Sandals – this is footwear that will be worn while canoeing. It needs to be able to tie or strap onto your foot. Strap on sandals tend to be best because they can dry very quickly. Note that the shoe needs a good sole to walk on stones, so water shoes or aqua socks are not a great option.