



Parent Package 2021

Last Updated January 10th, 2021



Welcome to Camp Warwa!

Thank you for choosing Camp Warwa for your child's camp experience. We are honored to be able to spend time with your camper and are excited for their arrival. This Parent's Information Package is designed to help your family get ready for camp, and to answer any questions you may have. The camp office is open year-round, and our staff love to talk with families about camp, so never hesitate to give us a call or zip us an email.

You can reach the office at 780-892-3648, or email to info@campwarwa.org

Mission Statement

Camp Warwa is dedicated to improving the lives of children through experiences in the outdoors.

Our Values

There are four core values that Camp Warwa believes in. These values run through every part of what we do and they are what we strive to pass onto our campers.

Connecting with Yourself

The adventures our campers have at Camp Warwa help them develop confidence and build a more positive self-attitude. They are encouraged to try new experiences, take on leadership roles, and appreciate who they are.

Connecting with Community

Our campers experience a community where they feel safe and welcome. They get to be part of traditions, be guided by positive role models and share friendships.

Connecting with Nature

Camp Warwa is a place in nature that our campers can always return to, and all their experiences here are rooted in the natural world.

Connecting with the Generations

We are thankful for the generations of campers, staff, volunteers and caring teachers who have formed and grown our community. The experiences we provide to our campers are rooted in these generations of people, and our campers are given the opportunity to pass on their experiences to future generations.

Got questions? Give us a call at 780-892-3648 or email info@campwarwa.org

COVID-19

Camp Warwa is committed to the safety of campers while at camp. We will be developing and updating our COVID-19 procedures over the next few months as camp approaches. You can expect regular updates throughout this process. We are currently anticipating procedures that will include the following:

Enhanced cleaning procedures are in place to ensure everyone is staying healthy. High touch surfaces and program areas will have special attention paid to them to ensure that they are cleaned thoroughly.

If your camper has any COVID-19 symptoms before drop off, please stay home and do not bring them for drop off. If your camper has any COVID-19 symptoms at camp you will be contacted to pick up your camper immediately.

In regards to facemasks, Camp Warwa will update all parents closer to the start of camp with our mask wearing policy. There is a strong likelihood that mask wearing will be a necessary part of the camper experience, especially in indoor settings. Currently, facemasks will need to be worn by campers and parents during drop off and pick up. If your camper is travelling to or from camp by bus, they will need to wear a mask while on the bus. All staff will be required to wear facemasks.

Daily AHS checklist for COVID-19 symptoms must be completed prior to Monday drop off and each day if your camper is attending our day camp programs.

As these procedures are updated, you can expect to receive formal email communication as well as updated information documents. Each family will receive a COVID-19 Packet before camp starts outlining the measures we are taking and how camp will look different.

Camp Warwa's Commitment

We strive to provide a safe, caring environment in which to foster the development of your child's skills, confidence, and interpersonal relationships. Through outdoor activities we will encourage challenge, fun, and a healthy lifestyle. We believe living in a group and community setting outdoors creates an ideal atmosphere for people to grow into the best versions of themselves. Each camper is treated as unique, important and capable, and provided with every opportunity to succeed.

Family Agreement

By registering your camper(s) with Camp Warwa, you are agreeing to all our policies and procedures. These are explained in detail in this document and include the following important points:

- You are agreeing to allow your camper to fully participate in the full range of Camp Warwa programs.

Got questions? Give us a call at 780-892-3648 or email info@campwarwa.org

- You are agreeing to authorize the Executive Director in the event of accident, injury, or illness affecting your camper, to authorize on your behalf all medical and other procedures, including admission to hospital and other necessary treatment necessary for the care of the camper.
- You understand and agree with the Refund Policy.
- You understand and agree with the Promotional Material Policy

Refunds & Cancellations

Cancellations received by the office prior to a program's cancellation date qualify applicants to receive a full refund. Camp Warwa recognizes that the uncertainty generated by the COVID-19 pandemic means that our families require both more flexibility and time before making the decision for their children to attend camp. It is also possible that the pandemic may require changes to camp procedures and programs, and families will require the time and flexibility needed to assess and make decisions based on any potential changes.

Cancellations will be processed with a full refund prior to April 1st. Cancellations between April 1st and June 1st will receive a refund less a \$40/camper administration fee. Cancellations after June 1st no refund will be provided outside the injury/illness cancellation policies.

The cancellation date for all our other Seasonal programs including Family Camps, Spring Break Camp and Teacher Convention Camps are 7 days prior to the first day of the respective program.

For our summer camp programs a full refund is available, less an administrative fee, after a program's cancellation date, if a medical note from a doctor is provided to provide proof that the camper experienced an injury or ailment that prevents them from attending camp, and that the injury or ailment occurred after the camper was registered. The administrative fee for overnight summer camps is \$100. The administrative fee for summer day camps is \$50.

Refunds are not issued in instances where a camper is removed from the camp program at the choice or request of the camper, the camper's guardian, or when a camper is expelled from camp for behavioral reasons.

If Camp Warwa is not able to operate and provide any programs due to COVID-19 restrictions, full refunds for all registrations will be provided.

Promotional Material Policy

Many people bring cameras to camp, and picture taking is very common amongst both campers and staff. Camp Warwa retains the right to use any photos or videos taken by Camp Warwa staff of campers for promotional or communications purposes. By registering for camp, you are agreeing with this policy. Many campers and staff also bring their own cameras to camp, so families should not be surprised to see photos of their children taken by other campers on social media such as Facebook or websites. Families are encouraged to share their camper's photos on the official Camp Warwa Facebook page. Camp Warwa will also post many photos from camp on our Facebook page on a daily basis while programs are running. Parents are encouraged to

Got questions? Give us a call at 780-892-3648 or email info@campwarwa.org

follow along with our adventures every day, and share any photos their campers may take when they get home.

The Friendship Fund Subsidy Program

At Camp Warwa we believe that every child should be able to enjoy a camp experience. The Friendship Fund was created to provide financial assistance to families who can't afford the full cost of giving their child a camp experience.

The Friendship Fund is an endorser-based program. Families who apply must provide an endorser of a professional nature who can speak to your need for financial support. The program is best suited for families who can provide an endorser who is a social worker, support worker, medical professional, or educator. What is important is that the reference is not of a personal nature (such as a family member or friend). The Endorser will then be contacted by Camp Warwa. Ensure that you have the Endorsers permission before naming them.

Families who apply for subsidy will put down a minimum payment of \$40/camper. You will be registered for your camp with your spot being held while we process your subsidy application. We will then contact you via email to inform you as to how much subsidy we are able to provide. The email will also indicate the date that any remaining balance will be charged to your credit card.

The Friendship Fund is sustained by generous donations from individuals, government agencies, businesses and community organizations. Many of our donors are staff members, board members, community service groups, and friends who understand the value of camping. Each camper that receives a Friendship Fund subsidy, is confidentially matched with a donor.

Each donor receives a copy of the camp letter for the week so that they can hear about the experiences they helped create.

Note that only our Summer Overnight Camps, Summer Day Camps and Family Camps are eligible for subsidy.

Transportation Details

You are welcome to handle your own transportation to and from camp. Supervised bus service to and from the Camp is also available. Drop off for almost all our programs is at the Red Picnic Shelter at Coronation Park in Edmonton. Access the park on the north side, via 114 Ave. Your camper can also take the bus back to Coronation Park in Edmonton from Camp.

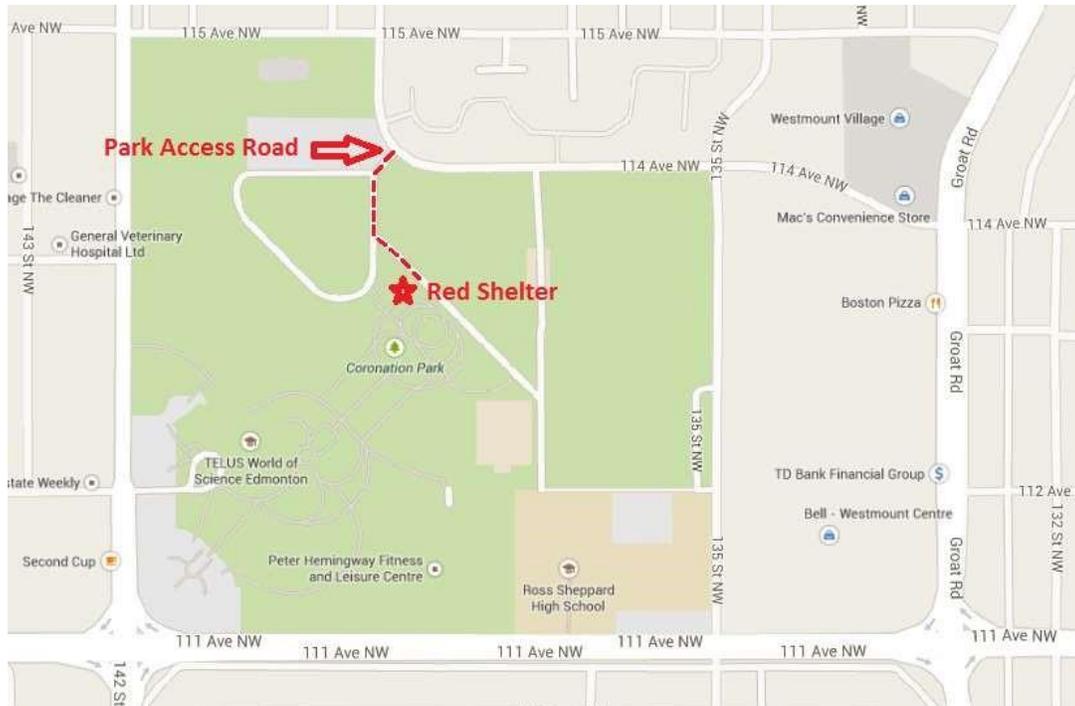
All bus transportation is round trip and we do not offer one-way bus transportation. Families who would only like transportation one-way can register for round trip transportation, and then contact the office to let us know that they will only be using part of the service.

Note that bus transportation for summer Day Camps runs to and from Edmonton each day, while transportation for Overnight Camps runs the first and last day of the programs.

Got questions? Give us a call at 780-892-3648 or email info@campwarwa.org

See the below for maps both to Camp Warwa & Coronation Park in Edmonton. You can also go to campwarwa.org for scalable maps to camp.

Map of Coronation Park Area in Edmonton – Bus Service Location



Directions & Map to Camp from Edmonton

- Highway 16 West from Edmonton towards Jasper
- Highway 765 North towards Darwell (look for the blue sign)
- Highway 633 East towards Alberta Beach (look for the blue sign)
- Range Road 43 North towards West Cove (look for the blue sign)
- Follow Red signs through Warwa Estates to the camp entrance.

Got questions? Give us a call at 780-892-3648 or email info@campwarwa.org



Program Start and Finish Times

Camp Warwa runs a variety of year-round programs in addition to our week-long summer camps. The chart on the next page shows the start and finish dates and times for all our 2020 programs. Note that the chart specifically references drop off and pick up times for campers being dropped off right at camp as well as campers taking bus service from Edmonton. If you need to drop off or pick up your camper at a different time, please contact us.

2021 Camps	Drop Off Time at Camp	Drop Off Time for Edmonton Bus Service	Pick Up Time at Camp	Pick Up Time for Edmonton Bus Service
Family Camp - Winter	10:00am	None	2:00pm	None
Family Camps – Spring & Fall	9:00am – 10:00am	None	1:30pm	None
Summer Overnight Camps	8:00am – 9:30am	7:30am – 8:15am**	6:15pm	7:30pm
Summer Day Camps	See Chart Below	See Chart Below	See Chart Below	See Chart Below

**For our summer camp programs, the bus departs Edmonton at 8:30am. The registration process can take up to 15 minutes, and time is also needed to load the bus, so families are asked to arrive at drop off no later than 8:15am.

Summer Day Camps	Drop Off Time at Camp	Drop Off Time for Edmonton Bus Service	Pick Up Time at Camp	Pick Up Time for Edmonton Bus Service

Got questions? Give us a call at 780-892-3648 or email info@campwarwa.org

Monday	8:30am – 9:30am	7:30am – 8:15am**	4:00pm	5:15pm
Tuesday, Wednesday, Thursday	8:45am – 9:00am	7:45am – 8:00am	4:00pm	5:15pm
Friday	8:45am – 9:00am	7:45am – 8:00am	6:15pm	7:30pm

Drop off time for Day Camps is different on Monday morning than Tue – Friday to allow more time for the initial check in. Pick up time for Day Camp on Friday evening is later than on Mon – Thurs to line up with our end of camp celebrations and banquet.

Packing Tips

We recommend that you label everything. Label it all. Clothes, boots, hats, flashlight, toothbrush, and shoes – everything your child brings to camp.

When packing, make sure that your camper is part of the process as this will make him/her more aware of what they are bringing to camp, and will make packing to go home easier. Pack old clothes that the camper will remember, not unfamiliar new ones. The counsellors will make every effort to recover lost clothing on a regular basis; however, your child is ultimately responsible for his/her belongings. A clothing and equipment list have been included in this package for you and your camper(s).

Proper outer wear very important. Camp programs continue in almost any weather, so your son/daughter needs outerwear in which he or she can be active. In the spring, summer and fall, this means rain gear. Rain suits are best – pants, jacket, and rubber boots complete the picture! Plastic ponchos tend to rip easily and are not suggested. K-Way or nylon clothing is not waterproof. In the winter, this means a winter coat, snow pants, winter boots, toque, gloves and lots of warm socks.

Camper laundry facilities are not available except for emergencies. We recommend that you pack a laundry bag. This will help your camper to keep neat and organized while at camp.

Lost and Found

If you believe your camper has left something at camp, please send us an email and we will do our best to find it. We hold all our lost and found for 30 days. After this date, all lost and found items are donated to a local charity.

Camp Warwa Gifts

Every camper who attends our Summer Camp programs receives a free T-shirt! Note that only one free shirt is given out to each camper, regardless of how many camps they attend. So, if your child comes to camp three times this summer, they still only receive one free shirt. Summer campers also receive a free Society bracelet. Campers receive a special gift each year they return to camp, up to their 5th year. Graduation awards are also given to campers attending their final year at camp.

Got questions? Give us a call at 780-892-3648 or email info@campwarwa.org

Camp Store

Camp Warwa offers a full line of apparel and merchandise at www.campwarwa.org . Families can order items at any time prior to camp and they will be waiting for you at drop off. If your campers cannot wait that long, there are options for shipping and local pick up. Offered items include hoodies, sweaters, baseball T's, t shirts, hats, toques, sweat pants, travel mugs, water bottles, sunglasses and more!

All proceeds from our Camp Store go to support our Friendship Fund Camper Subsidy program and help families in need send their children to camp. The Camp Store will be opening in the months before summer camp starts.

Summer Camp Banquet Clothing

It has become a tradition for staff and campers to dress up nicely for our Summer Camp Banquets. Banquet dinner happens each Friday night during our July and August Summer Camp programs. Not all campers dress up, and it is certainly not required. However, most campers now choose to bring nicer clothing specifically to wear for that dinner. Examples include simple dresses, skirts, and collared shirts. Please feel free to participate in this tradition as much or as little as you like. Many campers simply enjoy wearing their free Camp Warwa T-shirt to the banquet as their 'formal attire'.

Type of Food to Expect

Three healthy, filling, and familiar meals per day are provided in addition to an afternoon and evening snack. Servings are hearty and our food services staff are experienced in preparing meals in a camp setting. Meals may consist of:

Breakfast

- Scrambled Eggs & Hash browns
- Muffins & Yogurt
- Breakfast Wraps
- Bagels
- Hardboiled Eggs
- Pancakes & Sausages
- Cereal, milk, orange juice and fruit are always available every breakfast

Lunch

- BBQ Chicken Wraps
- Chicken Burgers
- Hamburgers
- Tacos
- Chili
- All lunches are served with vegetable platters and/or soup

Got questions? Give us a call at 780-892-3648 or email info@campwarwa.org

Supper

- Mac & Cheese
- Spaghetti
- Meatballs & Rice
- Tortellini
- Chicken Fried Rice
- All suppers either come with a side salad or side of cooked vegetables

Afternoon snacks are always healthy, hydrating fruit such as apples or oranges. There is also always water and something simple such as a granola bar.

Evening snacks typically include something sweet such as cookies. It may be helpful to tell your camper not expect dessert right after supper, but to look forward to something around the campfire instead.

Most food restrictions, allergies, or dietary needs can be accommodated including Vegetarian, Lactose Free, Gluten Free and Pork Free diets. If you feel you did not fully specify or describe your child's needs, please feel free to contact the camp office. All food originating from our kitchen (on or off-site) is nut free. Please inform the camp office of any dietary needs, allergies or restrictions prior to your child's arrival at camp.

Snacks & Tuck

The camp does not operate a tuck shop, so there is no need for pocket money. Please do not pack snacks with your camper(s) as we are a nut sensitive site and many snacks contain traces of nuts. Having food in the lodgings also encourages pests. Let your campers know that if they are ever still hungry or thirsty after a meal that their counselor would be happy to get them a snack.

Cabin Supervision

All Camp Warwa staff are chosen on the basis of responsibility and their desire to work with children. All staff participate in an extensive pre-camp training program that introduces and educates staff regarding their important role in making your child's stay at camp a success. Part of this training includes sessions on group dynamics and full-value contracts; important components of cabin group formation. Each cabin is supervised by 2 staff who sleep in the same cabin, but not in the same room, as their campers.

Additional supervision is also provided by our leadership team. This team provides an additional layer of support and supervision for all our campers in addition to the direct supervision provided by their counselors.

Behavior

Everyone has the right to feel safe at Camp Warwa. With this right comes the responsibility to respect all community members and to take pride in making camp an awesome place. At Camp Warwa we strive to create a safe supportive environment in which every camper can thrive. We have included this written discipline policy to assist us in achieving this goal.

Got questions? Give us a call at 780-892-3648 or email info@campwarwa.org

Listed below are the disruptive behaviors, which will not be tolerated at camp:

- Any act which may create a potentially dangerous situation
- Stealing & vandalism
- Physical violence or verbal abuse
- The use of a weapon
- Leaving camp property without permission
- Racial intolerance
- Sexual activity or misconduct
- The consumption or use of alcohol, tobacco, marijuana or illegal drugs
- Behaviors which negatively affect another camper's experience at camp

If a camper exhibits any of these behaviors while at camp, one of our staff will speak to them about this behavior, and possible consequences that may result if the behavior continues. After this conversation, our staff will inform parents/guardians of the situation and seek assistance from the parent or guardian in resolving it.

If the camper's disruptive behavior continues to be a detriment to the experience of others or puts anyone's safety at risk, the camper will be sent home. The parents or guardians will be contacted to pick up their child. No refund will be issued if a camper is sent home for disruptive behavior. Please make sure your son or daughter is aware of these guidelines and knows what is expected of both themselves and others. Parents are required to be able to have their child picked up from that camp at any time during their stay.

About Homesickness

People suffer homesickness at any age, and it is a very real thing – just as painful as a stomachache. It is often a natural reaction among youngsters who are fortunate enough to have a good relationship with their parents and families. Understanding parents realize, however that it is something which a boy or girl may need to experience and see through to the finish if they are able to attain that degree of independence which is necessary to make them self-reliant, mature individuals. The Warwa staff are trained to detect early symptoms of homesickness and deal with it using intelligent methods. It is tremendous to see the genuine concern and persistence with which staff and campers work together to help individuals through a period of homesickness.

Potential Out-tripping Risks and Hazards

Camp Warwa operates adventure-based out-tripping programming for children and youth. Some of this programming is located in wilderness or semi-wilderness locations on lakes, and mountainous hiking/horse trails. There are many perceived risks and hazards inherent in the activities we engage in, and in the locations, they are performed in; however, we feel that the benefits to our campers far outweigh the potential risks. Moreover, Camp Warwa maintains a Program Committee dedicated to reviewing and revising our current policies and procedures in order to mitigate any foreseeable risk factors. Yet, we live and play in an ever-changing and

Got questions? Give us a call at 780-892-3648 or email info@campwarwa.org

unpredictable environment and this section will outline the possible risks and hazards associated with the activities we perform.

Adventurer Hiking – Our hiking program runs out of William Switzer Provincial Park, just east of Jasper National Park. While we use established trails, hiking can be unpredictable and rigorous. Hikers can expect to see exposed tree roots, rocks, creek crossings, wildlife, and inclement weather. Campers should bring good raingear (not ponchos) as well as warm clothing. Wool socks and long underwear are great. They should also have a good sleeping bag and a water bottle. The most important thing is good sturdy hiking boots. Jeans and other cotton clothing are not good, as the cotton absorbs water. Nylon, fleece and polyester are all much better choices. Note that this trip uses a base camp, so campers do not have to carry their gear and equipment in packs. Campers are just asked to bring a simple day pack to carry their lunch and rain gear.

Adventurer Lake Canoe – Our Adventurer Lake Canoe program runs out of William Switzer Provincial Park, just east of Jasper National Park and we paddle on the beautiful lakes there. Campers can expect to see exposed tree roots, rocks, wildlife, and inclement weather. Campers should bring good raingear (not ponchos) as well as warm clothing. Wool socks and long underwear are great. They should also have a good sleeping bag and a water bottle. Jeans and other cotton clothing are not good, as the cotton absorbs water. Nylon, fleece and polyester are all much better choices. Note that this trip uses a base camp, so campers do not have to carry their gear and equipment in packs or canoes. Camp Warwa provides all canoe equipment.

Adventurer Horseback Riding – Our horse program uses a professional outfitter and runs along trails east of Jasper National Park. While under the supervision of trained horse guides, horses can be unpredictable and are animals to be respected at all times. Riders can expect to see exposed tree roots, rocks, creek crossings, wildlife, and inclement weather. Campers should bring good raingear (not ponchos) as well as warm clothing. Wool socks and long underwear are great. They should also have a good sleeping bag with a compression sack and a water bottle. While on other trips we avoid the use of jeans, that is not the case with Horseback Riding. Campers should bring at least one pair of jeans to wear out on the trail.

Adventurer Island – Our Adventurer Island program runs directly out of camp on our lake. The campers travel in a large voyageur canoe and camp on our nearby island. Campers can expect to see wildlife and inclement weather. Campers should bring good raingear (not ponchos) as well as warm clothing. Wool socks and long underwear are great. They should also have a good sleeping bag and a water bottle. Jeans and other cotton clothing are not good, as the cotton absorbs water. Nylon, fleece and polyester are all much better choices. Camp Warwa provides all canoe equipment.

Voyageur Island – Our Voyageur Lake Canoe program runs directly out of camp on our lake. The campers travel in a large voyageur canoe and camp on our near by island. Campers can expect to see wildlife and inclement weather. Campers should bring good raingear (not ponchos) as well as warm clothing. Wool socks and long underwear are great. They should also have a good sleeping bag and a water bottle. Jeans and other cotton clothing are not good, as the cotton

Got questions? Give us a call at 780-892-3648 or email info@campwarwa.org

absorbs water. Nylon, fleece and polyester are all much better choices. Camp Warwa provides all canoe equipment.

Explorers– Explorers go on a one night overnight in our treehouse in our back forest. Campers do not need any additional equipment or clothing other than what is on their standard pack list. With that said, some warmer clothes can always make a difference on a cool night.

All trips carry cell phones or radios for communication. All staff are trained in emergency procedures and evacuations. In the event of an emergency, the camp is notified and becomes in constant contact with the group.

Prior to the summer camp season Camp Warwa staff scout the route options for the upcoming summer. This is done to record any changes to the environment and to assess risks and hazards. Detailed notes are taken and added to our information on the area.

Camp Warwa staff leading canoe trips are certified with either a Paddle Alberta River Canoe Instructor's certification or a Flatwater Canoe Instructor certification and all staff leading trips hold a Wilderness First Aid certification. Staff are selected based on their certifications, out-tripping experience, camper supervision capabilities, and maturity. While the inevitable outcome of these trips is a positive and memorable outdoor experience, to increase the likelihood of a positive experience, campers should be aware and accepting of the nature of the programming and the potential risks and hazards.

In Case of Injury or Illness

All Camp Warwa staff hold a minimum current Standard First Aid and CPR certification. Many staff hold Wilderness First Aid certifications. If a trip to the hospital or doctor is necessary, we will contact you to arrange transportation for the camper. If it is best for Camp Warwa to transport the child to medical services, a staff member will accompany your son or daughter to the nearest hospital (Westview Health Centre in Stony Plain is the closest to Camp Warwa) and the Camp Director will contact you as soon as possible. If any prescription drugs are necessary as a result of consultation with a doctor, Camp Warwa will cover the cost and you will be billed after camp for the amount.

In the event of a serious injury or illness, you will be contacted as soon as possible.

Health and Medications at Camp

Camp Warwa includes a fun and proactive health and wellness program as part of our programs. Before leaving on their out-trip, campers learn how to stay clean and healthy in a wilderness setting. Throughout your campers stay, we continually stress the need for proper sun protection, hydration, warmth and cleanliness. We strive to keep these reminders fun and entertaining for the campers. Cabin groups have access to showers all week and have scheduled shower times. Our cabin staff are trained to look for signs of poor personal hygiene and will do everything possible to keep your children clean and healthy.

Got questions? Give us a call at 780-892-3648 or email info@campwarwa.org

Please send all camper medications to camp in their original containers. Clearly label all medications with the camper's name and dosage. Upon arrival at Camp, you will be requested to complete a medications form, outlining administration instructions and frequency. If you are sending more than one medication, please put it in a labeled plastic baggie with each container separately labeled.

Camper Concerns

Should you have an urgent concern, which requires immediate attention, please contact the Camp office at (780) 892-3648. While summer camp is in session, office hours are 9am to 5pm, Monday – Friday. An answering machine will receive your calls outside of these hours. If there is any incident involving your child, you will be contacted immediately.

Cell Phones

Campers are not allowed to bring cell phones to camp. Camp Warwa believes that cell phones are important tools, but like all tools, are only used when needed. Your camper will not need their cell phone at camp. Having access to a cell phone is not fair to other campers, may contribute to homesickness, and generally can seriously detract from a camper's experience. We believe that unplugging for a week from social media and online conversations helps campers enjoy the moment and make new friends here at camp. There are also other ways to help your camper stay connected to loved ones, while not distracting from their camp experience (see Camper Mail).

There is no telephone available for campers to make calls from camp. Please do not tell your camper that he/she will be able to call you from camp. On occasion, we may call you to discuss behavior or special circumstances. Emergency calls to campers should be directed to our office.

We will always call you immediately if there is an emergency. We will often call just to give updates as well for minor incidents such as a good skinned knee or if your child is feeling a little under the weather.

If your camper is requesting to call home for non-emergency reasons such as homesickness, we will work with them to help them feel comfortable and let go of the need to contact you. If their requests persist and it is something they are struggling with, you will be contacted promptly by one of our staff. We'll go over how their time at camp has been with you, let you know that they are asking to call home, and decide together what the best path forward is for your child. In the majority of cases, working through their homesickness without calling home is a major positive accomplishment for a camper.

Camper Mail

For some campers, especially our younger ages, it is very important to stay connected with home while away at camp. To help with this, we offer a very popular 'Camper Mail' program. This program is available for all programs running more than one night.

Got questions? Give us a call at 780-892-3648 or email info@campwarwa.org

Parents and other family members are able to write emails from home to their campers, which are then hand delivered each day. Campers are not able to write back, but we have found that simply getting the emails from home is more than enough to help a child have a great time at camp. Just send your emails to mycamper@campwarwa.org

In the subject line, please write your campers name, and their age group. For example: John Smith, Voyager Boys Lake. This will help us get your email to them quickly.

Following on Facebook, Instagram & YouTube

We post photos on Facebook, as well as Instagram each day of our camper's adventures. Following along on Facebook is a great way to get photos of your camper. Families are also very welcome to stay in touch with the Camp Warwa community through our official Facebook page, and share their own pictures and stories.

You can also check out our YouTube channel for videos on getting to know our staff, programs and other fun camp related things.

Registration Confirmation & Receipts

You are emailed a confirmation of your registration, as well as a receipt, a few minutes after the process is complete.

All Programs Pack List (2 Pages)

We recommend that all our campers attending our overnight camp programs bring the following items. These items are useful in all seasons, and for camps as short as 2 days to as long as week. Make sure to reference the **Specific Program Pack Lists** (keep reading) to note any additional items you'll need for the season and/or camping trip for your program.

Campers attending our **Day Camp Programs** are encouraged to reference this list as a guide when considering what to pack. With that said, proper outerwear, a change of clothes, water bottle, medications and their lunch are the main things that Day Campers are required to bring.

Personal Items

- Sleeping Bag** – look for something that compacts and packs well
- Pillow**
- Personal Medications** – if they have any
- Awesomeness** – we recommend bringing some awesome with you to camp

Clothing

- Toque** – this can make all the difference when sleeping outside.
- Hat** –What is important is that it shields your campers face from the sun on a hot day.
- Thin gloves** – super nice to have on a cool night around the fire
- Underwear** – a pair for each day
- Socks** – a pair for each day
- Wool Socks** – these are the absolute best for wearing in your sleeping bag when sleeping outside. Great to use in wet weather as well because they will retain your body heat even when wet.
- Pants** – 2 pairs should do it, nylon, polyester and/or fleece are best for outdoors
- Comfortable Clothes and/or Pajamas** – it's nice to have something cozy and dry to wear around the cabin at night. Not for wearing outside.
- Shirts** – one for each day with both short and long sleeve options. Quicker drying fabrics such as nylon or polyester are best, but simple cotton T shirts will do fine as well. The key is having several of them so you can just put on a clean or dry one when you need to.
- Warm Outer Layers** – 2 pieces. This could include sweaters or coats. Fleece and wool blends are best. Your campers will likely want to bring a hoodie or other cotton top. This is ok, as long as they have one other one that can handle some moisture. Cotton outer layers become very cold when wet.

Equipment

- Water bottle**
- Shampoo & Soap**
- Toothbrush, Floss, Toothpaste**

Got questions? Give us a call at 780-892-3648 or email info@campwarwa.org

- Flashlight**
- Garbage Bags** –for laundry so that dirty clothes do not get in with the clean ones.
- Towel**
- Water bottle** – it’s here twice because it is that important. You can also pre-order an official Camp Warwa water bottle that will be given to your camper at drop off.

Optional Items

- Additional Bedding** – some campers may prefer a fitted twin sheet and blankets, remember to still bring a sleeping bag for their overnight trips
- Generic Medications** – such as painkillers or over the counter allergy medication. Camp keeps items such as Tylenol, Advil and Benadryl on hand if they are needed.
- Camera** – remember that cell phones are not permitted at camp, so this would have to be an actual camera, not a phone used as a camera
- Book to read** – if you have some old books at home, you could also donate them to our growing camper library!
- Journal & pen**
- Personal music device with headphones** – iPod, MP3’s, etc. Remember that cell phones are not permitted at camp, so this could not be a cell phone with music on it.
- Sleeping Pad** – Camp Warwa provides sleeping pads for all out trips, but you are welcome to bring your own if you like.
- Long Underwear** – it’s just the best to wear in your sleeping bag at night

Do Not Bring

- Cellphones, computers, tablets, etc.
- Electronic video games or toys
- Money
- Candy, junk food, or other snacks
- Spray on deodorant such as ‘Axe’ brands
- Anything in an aerosol can including bug sprays and hair spray, pump spray bottles are fine though
- Jeans. These are about the worst clothing possible to wear outdoors. They absorb moisture, have no insulation value and do not block the wind. They do work well when riding a horse though, so bring some if you are in a horseback riding program.
- Knives
- Matches or lighters
- Jewelry or other cosmetic valuables

Got questions? Give us a call at 780-892-3648 or email info@campwarwa.org

Specific Program Pack Lists Page 1 of 2

Some programs require special gear and equipment, in addition to the general items that all campers need. Here are the unique equipment needs for specific programs:

Winter, Spring & Fall Season Programs

This section applies to all programs running in the months of January, February, March & Sept.

- Winter Coat** – The best winter coats also have some water resistance. Ski or snowboard coats work very well for this reason.
- Toque**
- Winter Gloves** – Doesn't hurt to pack a couple pairs so that you have a set to wear while the other set dries out.
- Warm Socks** – Wool is best if you've got them. If you pack 2 pairs of socks for every day you'll be at camp, you should be well taken care of. Seems like a lot? It's not.
- Winter Boots** – Boots that have some height up the leg and some waterproofing are best.
- Snow Pants** - Most happy campers wear snow pants. Campers who are happy and who are not wearing snow pants will not remain happy as long as an average snow-pants wearing camper.

Summer Programs

This section applies to all programs running in the months of July & August

- Shorts** – 3 pairs should do it.
- Bathing Suit**
- Waterproof Outer Layer** – at the very least this should be a raincoat although you could send waterproof pants as well. Avoid thin ponchos that are easily ripped. The best strategy is to get a waterproof outer layer with a hood that they can wear overtop of one of their Warm Outer Layers.
- Footwear for the Rain** – for younger campers doing a single overnight trip, this means rubber boots. For campers going on hiking or horseback riding programs, it means a water-resistant hiker, boot or shoe. Having good wool socks to wear inside a water-resistant hiking boot or shoe is warmer and more effective than rubber boots and cotton socks.
- Footwear for Running Around** – running shoes is what you need here. Campers going on hiking trips need a dedicated hiking boot in place of or in addition to their running shoes.
- Footwear for Casual Activities** – this basically means sandals, flats or some other type of comfortable footwear. After a day of play, hiking, canoeing, etc., it is great to be able to take the shoes/boots off and relax in something more comfortable. Campers going on longer trips would also appreciate being able to put on something else while they dry out other wet footwear.
- Sunscreen**
- Insect Repellent**

Got questions? Give us a call at 780-892-3648 or email info@campwarwa.org

Specific Program Pack Lists Page 2 of 2

Horseback Riding Programs

- ☐ **Jeans** – 2 pair. Yup, this is the only program where it makes sense to bring jeans.
- ☐ **Boots with a bit of heel** – helps keep your feet in the stirrups

Hiking Programs

- ☐ **Hiking Boots** – make sure you break them in for a few weeks before camp so you don't get blisters from new boots!
- ☐ Try to **avoid cotton clothing** as much as possible. Fleece, nylon, and other quick dry fabrics are best.
- ☐ You **do not** need a backpack, Camp Warwa will provide one.

Lake & River Canoe Programs

- ☐ **River Shoes/Sandals** – this is footwear that will be worn while canoeing. It needs to be able to tie or strap onto your foot. Strap on sandals tend to be best because they can dry very quickly. Note that the shoe needs a good sole to walk on stones, so water shoes or aqua socks are not a great option.